What Language Do You Speak?

If you or someone you know speaks a language other than English, please let us know and we will provide translation services!

Census Applicant Day
Friday, November 15: 12 - 4pm
Sheridan Market
Apply for seasonal Census jobs (pay up to $22.50/hour) on-site with assistance from case managers!

November Closures
In honor of Thanksgiving, all Pantry programs are closed on:
Thursday, November 28
Friday, November 29
Saturday, November 30

Thanksgiving Extended Hours
Sheridan Market
Friday, November 22: 11am - 4pm
Monday, November 25: 11am - 4pm
Tuesday, November 26: 3pm - 7:30pm
Wednesday, November 27: 11am - 4pm

Online Market Pickup at The Hub
Wednesday, November 27: 1pm - 5pm
(instead of 2pm - 7pm)

La Casa Norte’s Fresh Market
Additional Distribution Day:
Tuesday, November 26: 11am - 3pm

SPECIAL ANNOUNCEMENT:
Starting November 1, Lakeview Pantry will be offering a frozen turkey or large meat with every monthly pickup! Avoid long wait times around Thanksgiving by getting your monthly pickup early in the month, or by ordering through our Online Market and picking up your pre-packed order at The Hub (5151 N. Ravenswood).
If you need assistance with accessing any of these resources, please come see us during Drop-In Case Management or when picking up your Online Market order at The Hub (5151 N. Ravenswood).

**LOCAL RESOURCES**

**FOOD**
- Contact the Greater Chicago Food Depository for food resources: 773-247-3663 or visit chicagosfoodbank.org/find-food/
- Ask our receptionist for a list of free local weekly meals

**SHELTER**
If you need immediate shelter, you can get a referral for a bed any way below:
- Call 3-1-1
- Go to your nearest police station (850 W. Addison, Addison & Halsted)
- Go to your nearest hospital Emergency Room (Thorek Hospital, Sheridan & Irving Park Rd)
- Go to your nearest DHS Office (845 W. Wilson, Wilson & Clarendon)

**HEALTH**
Accepts Medicaid/no insurance; sliding scale fees may apply:
- Howard Brown Health Center (4025 N. Sheridan Rd: 773-388-1600)
- Heartland Health Center (845 W. Wilson Ave: 773-506-4283)

**CLOTHING**
Free clothing resources:
- St. Thomas of Canterbury, 4827 N. Kenmore: Most Thursdays 9:30am-12pm, 773-878-5507
- Cornerstone Free Store, 4628 N. Clifton Ave: Call ahead: 773-271-8163

**HOTLINES**
All hotlines are free and confidential:
- Suicide Prevention: 800-273-8255
- NAMI/Mental Health: 833-626-4244
- Domestic Violence: 800-799-7233
- Crisis Text Line: Text CONNECT to 741741
- LGBTQIA+ Helpline: 800-398-4297
- Elder Abuse: 800-252-8966
- Youth Crisis: 800-448-4663

**SOCIAL SERVICES STAFF MEMBERS**
Jennie Hull, LCPC, Director of Programs - ext. 214
Colleen Montgomery, LCSW, Manager of Social Services - ext. 216
Eva Trampka, MSW, Home-Based Case Manager - ext. 224
Taneka Taylor, MSW, Social Worker - ext. 227
Drew Moran, LPC, Group Mental Health Counselor - ext. 243

**SOCIAL SERVICES INTERNS**
Social Work Students: Hannah Davis, Layne Hardy, Julia Kelly, Liusmila Ortega - ext. 300
Mental Health Student: Edward Alderson - ext. 244
Nursing Students: Hannah Nicholson, Debi Rhyner
At Lakeview Pantry, we match you with the food you need and want. Our staff and volunteers work with you to personalize your food-gathering experience and make you feel at ease, so you can create full meals that are satisfying and delicious.

### DISTRIBUTION SITE

<table>
<thead>
<tr>
<th>SHERIDAN MARKET</th>
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</thead>
<tbody>
<tr>
<td>3945 N. Sheridan Rd.</td>
</tr>
<tr>
<td>Chicago, IL 60613</td>
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<tr>
<td>Monthly Food Distribution Hours:</td>
</tr>
<tr>
<td>Mon, Wed, Fri: 12pm – 4pm</td>
</tr>
<tr>
<td>Tues &amp; Thur: 5pm - 7:30pm</td>
</tr>
<tr>
<td>Saturday: 11am – 3pm</td>
</tr>
<tr>
<td>Weekly Produce Pickup Hours:</td>
</tr>
<tr>
<td>Mon, Wed, Fri: 2pm – 4pm</td>
</tr>
<tr>
<td>Tues &amp; Thur: 5pm – 7:30pm</td>
</tr>
<tr>
<td>Saturday: 1pm – 3pm</td>
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</tbody>
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<table>
<thead>
<tr>
<th>LA CASA NORTE'S FRESH MARKET</th>
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</thead>
<tbody>
<tr>
<td>3533 W. North Avenue, First Floor</td>
</tr>
<tr>
<td>Chicago, IL 60657</td>
</tr>
<tr>
<td>Food Distribution Hours:</td>
</tr>
<tr>
<td>Monday: 11am - 3pm</td>
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</tbody>
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<table>
<thead>
<tr>
<th>THE ONLINE MARKET</th>
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</thead>
<tbody>
<tr>
<td>5151 N. Ravenswood Ave.</td>
</tr>
<tr>
<td>Chicago, IL 60640</td>
</tr>
<tr>
<td>Open Office Hours:</td>
</tr>
<tr>
<td>Tues: 11am - 2pm</td>
</tr>
<tr>
<td>Pickup Hours:</td>
</tr>
<tr>
<td>Thurs: 2pm - 7pm</td>
</tr>
<tr>
<td>(Specific pickup windows are selected during the registration process. Monthly pickups only.)</td>
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</tbody>
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<table>
<thead>
<tr>
<th>HOME DELIVERY</th>
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<tbody>
<tr>
<td>5151 N. Ravenswood Ave.</td>
</tr>
<tr>
<td>Chicago, IL 60640</td>
</tr>
<tr>
<td>Hours:</td>
</tr>
<tr>
<td>Saturdays from 11am</td>
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</tbody>
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<tr>
<th>HEALTH &amp; HOPE PROGRAM</th>
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</thead>
<tbody>
<tr>
<td>Advocate Illinois Masonic Hospital</td>
</tr>
<tr>
<td>Please contact Illinois Advocate Masonic Cancer Center at (773) 975-1600 to sign up for the Health and Hope Program.</td>
</tr>
<tr>
<td>Must be a current oncology patient at Advocate.</td>
</tr>
</tbody>
</table>

### PRIMARY ACCESS POINTS FOR FOOD PROGRAMS

1. Visit Pantry locations during distribution hours
2. Order online through the Online Market
3. Contact Food Programs at 773-525-1777 or info@lakeviewpantry.org
# SOCIAL SERVICES PROGRAMS

## Children/Families

### Public Benefits

- Attend a drop-in session
- Order online through the Online Market
- Contact Social Services at 773-525-1777 or socialservices@lakeviewpantry.org

## Financial

### Transportaiton

### Health

### Safe Program

## Service Types

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Location</th>
<th>Hours and Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Drop-in Case Management</strong></td>
<td>3945 N. Sheridan Rd. Chicago, IL 60613</td>
<td>- Mon, Wed, Fri: 12pm – 4pm&lt;br&gt; - Tues &amp; Thur: 5pm - 7:30pm&lt;br&gt; - No appointment required&lt;br&gt; - First come, first served</td>
</tr>
<tr>
<td><strong>Mental Health Counseling</strong></td>
<td>3945 N. Sheridan Rd. Chicago, IL 60613</td>
<td>- By appointment only&lt;br&gt; - Individual, Couples, &amp; Group Counseling&lt;br&gt; - Ages 18 and up only&lt;br&gt; - Free services - no fees and no billing to insurance&lt;br&gt; - Eligibility screened by required intake process&lt;br&gt; - Waitlist and referrals currently available</td>
</tr>
<tr>
<td><strong>Online Market Social Services</strong></td>
<td>5151 N. Ravenswood Ave. Chicago, IL 60640</td>
<td>- Appointments On: Thursdays: 2pm - 5pm&lt;br&gt; - Request social services when you submit your cart online on Tuesdays&lt;br&gt; - Social Worker will reach out to you via phone/email to schedule appointment during Thursday pickup</td>
</tr>
<tr>
<td><strong>Home Delivery Social Services</strong></td>
<td></td>
<td>- Appointments are scheduled as needed and in your home&lt;br&gt; - Only for current Home Delivery clients</td>
</tr>
<tr>
<td><strong>Career Empowerment Program</strong></td>
<td>3945 N. Sheridan Rd. Chicago, IL 60613</td>
<td>- Appointments On: Tuesdays: 1pm - 5pm, Thursdays: 1pm - 5pm, Fridays: 9am - 12pm&lt;br&gt; - Now offering 1-on-1 appointments dedicated to career services: Discover your strengths, search current job openings, write your resume, engage in mock interviews, and more</td>
</tr>
</tbody>
</table>

## Primary Access Points for Social Services

1. Attend a drop-in session
2. Order online through the Online Market
3. Contact Social Services at 773-525-1777 or socialservices@lakeviewpantry.org
FAMILIES WITH INFANTS & CHILDREN

CRADLES TO CRAYONS PARTNERSHIP

Cranes to Crayons

We are a proud partner agency with Cradles to Crayons, which offers items to children through age 12 such as clothing, diapers, hygiene supplies, pajamas, outerwear, shoes, birthday presents, school supplies and backpacks at no cost to you.

If you are interested in requesting these items, please meet with Social Services during drop-in case management to submit an online request!

ARTS OF LIVING INSTITUTE

The Arts of Living Institute offers an early childhood home visiting program in cooperation with the Chicago DFSS.

For more than 45 years, Arts of Living Institute has empowered parents through: case management, home visits, developmental screenings, & crisis intervention, plus educational groups on child development, infant health, and maternal health, monthly parent-child interactive groups on the weekends, referrals to needed resources.

For more information: (312) 655-7103 or email mursetta@catholiccharities.net.

PEDdiatric CARE SEAT PRogram

Do you need a low-cost infant carrier, car seat for a toddler, or a booster seat for older children?

Check out the Pediatric Car Seat Program at:
Stroger Hospital
1969 W. Ogden Ave.
First Floor
Chicago, IL 60612
Phone: 312-864-2016
Hours: Mt, T, Th, F, Sat 1pm - 4pm

Languages Spoken: English & Spanish

Eligibility: Standard fees are $30 for infant carriers and $40 for convertible car seats (must be paid in cash)

How to Apply: Walk ins are welcome during program hours. Car seats and infant carriers are available in the Pediatrics Clinic by Entrance 1, next to the Information Desk. You may also call 312-864-2016 and leave a message. Your call will be returned as soon as possible during program hours.

If you are purchasing a car seat, you must watch a 20-minute instructional video and then demonstrate how to properly install the seat.

NEED SUPPLIES?

If you are in need of diapers, baby food, infant formula, or women’s hygiene supplies, please ask a staff member or volunteer when you check in for your monthly pickup.

Depending on availability, we might be able to offer you some items once a month during your pickup!
CHICAGO NEWS

FREE EVENTS!

Chicago Thanksgiving Parade
When: Thursday, November 28: 8 - 11am
Where: State & Randolph, Chicago, IL 60602
Ring in the holiday season with the 2019 Chicago Thanksgiving Parade! Enjoy gigantic balloons, the nation’s finest marching bands, majestic horses, festive floats, incredible performance groups, celebrities, and an appearance from Santa Claus!

Christkindlmarket Chicago
When: November 15 - December 24
Sun - Thurs: 11am - 8pm, Fri - Sat: 11am - 9pm
Where: Daley Plaza, 50 W. Washington St.
Chicago IL 60602
Chicago's largest open-air Christmas festival.

106th Annual Chicago Christmas Tree Lighting Ceremony
When: Friday, November 22: 6pm
Where: Millennium Park, Michigan & Randolph
Chicago, IL 60602
Enjoy the glittering tree set among Chicago's sparkling skyline and the iconic art and architecture of Millennium Park.

Grandparents Day at Chicago Toy & Game Fair
When: Sunday, November 24: 10am-5pm
Where: Navy Pier, 600 E. Grand Ave
Chicago, IL 60611
Children of all ages are invited to bring their grandparents to the Chicago Toy & Game Fair. Grandparents attending the Fair with their grandchildren will be welcomed into the Fair free of charge. Just register online and print out your ticket. Grandchildren will need to have a purchased ticket.

Free Admission Days at the Museum Of Contemporary Art Chicago
When: Tuesdays, 10am - 9pm
Where: 220 E. Chicago Ave.
Chicago, IL 60611
Illinois residents receive free admission to the Museum of Contemporary Art on Tuesdays year-round.

DIVVY4EVERYONE

DIVVY4Everyone is a program designed to help eligible, low-income individuals get a yearly Divvy Membership for only $5! For more info, call Divvy at 855-553-4889 or talk with Social Services!

You can apply in person at Center for Changing Lives at 1955 N. St. Louis Ave, #101 on Tuesdays and Thursdays from 10am – 5:30pm. Call Center for Changing Lives at 773-342-1751 to schedule an appointment.

CITYKEY CARD & CHICAGO Rx CARD

The CityKey Card serves as a government-issued ID, Ventra card, and library card all in one while also offering various discounts around the city. Cards are $5 for minors, $10 for adults ages 18-64, and free to seniors ages 65+. You also have the option to register for the Prescription Coverage program, Chicago Rx, and add it to your CityKey Card. Learn more online at: www.chicityclerk.com/chicagocitykey/how-apply or visit the Social Services team for assistance.
LAKEVIEW PANTRY NEWS

ONLINE MARKET

Are you interested in streamlining your grocery pickups and saving time during your hectic day?

Geared toward busy individuals and families, the Online Market offers the same healthy food and social services you’re used to - custom ordered directly from your mobile phone or computer.

1. Orders can be placed on **Tuesdays**. Customize your cart and lock it in before the end of the day.
2. Pick up your order on **Thursday** of the same week at The Hub, 5151 N. Ravenswood.

**Current clients:** Email onlinemarket@lakeviewpantry.org to receive a password for your account.

**New clients:** Sign up at lakeviewpantry.org/onlinemarket!

SAFE Program

Love shouldn’t hurt.

We are ready to work with you at whatever stage you are at in your relationship - judgment-free. Meet with our Social Services team to find the support you need.

![SAFE Program Flowchart](image)

Attend a Volunteer Orientation Session!

Training sessions are OPEN to everyone. There is no need to RSVP. Sessions last roughly one hour, and you only need to attend one in order to volunteer.

Sessions cover:
- Initial paperwork, including liability and confidentiality forms*
  
  *All new volunteers under the age of 18 will need a parent or guardian present at the training session. A parent or guardian must accompany anyone under the age of 18 to the training session.
- Volunteer positions and responsibilities
- Community service policy and process for both school-assigned and court-ordered hours
- Lakeview Pantry policies regarding clients and volunteers
- Getting signed up for your first day!

**November Volunteer Orientation Dates:**

**Sheridan Market**
3945 N. Sheridan Rd.

Thursday, November 7: 11:30am - 12:30pm
Thursday, November 21: 11am - 12pm

**The Hub**
5151 N. Ravenswood Ave.

Saturday, November 2: 1pm - 2pm
Wednesday, November 13: 6pm - 7pm
Wednesday, November 20: 6pm - 7pm

Holiday Meat Offerings

Starting November 1, Lakeview Pantry will be offering a frozen turkey or large meat with every monthly pickup! Avoid long wait times around Thanksgiving by getting your monthly pickup early in the month, or by ordering through our Online Market and picking up your pre-packed order at The Hub (5151 N. Ravenswood).
Do you currently receive SNAP or have received SNAP at some point during the last two years?

If you answered yes, the Greater Chicago Food Depository (GCFD) would like to hear about your experiences with the Department of Human Services (Public Aid Office).

ALL PARTICIPANTS WHO COMPLETE AND RETURN THIS SURVEY MAY ENTER A RAFFLE FOR A $50 GIFT CARD! RAFFLE DRAWING HELD ONCE A MONTH. 1 IN 15 CHANCE OF WINNING!

You can complete this survey online or on paper. If you need assistance, please ask for a member of our Social Services team and we are happy to help.

Please visit www.surveymonkey.com/r/snapsurveyeng or complete attached survey and return to the following address:

Greater Chicago Food Depository
4100 W. Ann Lurie PL
Chicago, IL 60632
Attention: Claudia Rodriguez

¿Actualmente recibe SNAP (Link) o ha recibido SNAP (Link) en algún momento durante los últimos dos años?

Si respondió que sí, nos gustaría conocer sus experiencias con el Departamento de Servicios Humanos (Oficina de Ayuda Pública).

¡TODOS LOS PARTICIPANTES QUE COMPLETAN Y DEVUELVAN LA ENCUESTA PUEDEN INSCRIBIRSE EN UNA RIFA POR UNA TARJETA DE REGALO DE $50 CON UNA PROBABILIDAD DE 1 EN 15 DE GANAR! ¡SORTEO CADA MES!

Puede completar esta encuesta en línea o en papel. Si necesita ayuda, solicite un miembro de nuestro equipo de Servicios Sociales.

Por favor vaya a www.surveymonkey.com/r/snapsurveySPA o complete la encuesta adjunta y envíela a la siguiente dirección:

Greater Chicago Food Depository
4100 W. Ann Lurie PL
Chicago, IL 60632
Attention: Claudia Rodriguez