December 2019

Client Connection

Updates for Lakeview Pantry Clients

IMPORTANT DATES

Census Applicant Day
Friday, December 6: 12 – 5pm
Sheridan Market
Apply for seasonal Census jobs (pay up to $22.50/hour) on-site with assistance from case managers!

Holiday Toy Giveaway
Tuesday, December 10: 10am – 1pm
Wednesday, December 11: 5 – 8pm
Thursday, December 12: 10am – 1pm
Sheridan Market
See attached flyer for more details.

December Closures
Sheridan Market
Tuesday, December 24
Wednesday, December 25
Tuesday, December 31
Wednesday, January 1

Online Market Pickup at The Hub
Monday, December 23 through Friday, December 27

La Casa Norte’s Fresh Market
Wednesday, December 25
Wednesday, January 1

LAKEVIEW PANTRY CONTACT INFORMATION

General Information: (773) 525-1777
Food Programs: info@lakeviewpantry.org
Social Services: socialservices@lakeviewpantry.org
Mental Wellness: mentalhealth@lakeviewpantry.org

SPECIAL ANNOUNCEMENT

Starting December 1, Lakeview Pantry will be offering a large meat option with every monthly pickup! Avoid long wait times around Christmas by getting your monthly pickup early in the month, or by ordering through our Online Market and picking up your pre-packed order at The Hub (5151 N. Ravenswood).

December Extended Hours

Sheridan Market
Thursday, December 19: 3 – 7:30pm
Friday, December 20: 11am – 4pm
Monday, December 23: 11am – 4pm

La Casa Norte’s Fresh Market
Additional Distribution Day: Friday, December 20: 11am – 3pm

Online Market Pickup at The Hub
Thursday, December 19: 10am – 1pm & 2 – 7pm
Week of New Year’s: Order to be placed on Monday, December 30 for pick-up on Friday, January 3 from 2 – 7pm
If you need assistance with accessing any of these resources, please come see us during Drop-In Case Management or when picking up your Online Market order at The Hub (5151 N. Ravenswood).

### LOCAL RESOURCES

#### FOOD
- Contact the Greater Chicago Food Depository for food resources: 773-247-3663 or visit chicagosfoodbank.org/find-food/
- Ask our receptionist for a list of free local weekly meals

#### SHELTER
If you need immediate shelter, you can get a referral for a bed any way below:
- Call 3-1-1
- Go to your nearest police station (850 W. Addison, Addison & Halsted)
- Go to your nearest hospital Emergency Room (Thorek Hospital, Sheridan & Irving Park Rd)
- Go to your nearest DHS Office (845 W. Wilson, Wilson & Clarendon)

#### HEALTH
Accepts Medicaid/no insurance; sliding scale fees may apply:
- Howard Brown Health Center (4025 N. Sheridan Rd: 773-388-1600)
- Heartland Health Center (845 W. Wilson Ave: 773-506-4283)

#### CLOTHING
Free clothing resources:
- St. Thomas of Canterbury, 4827 N. Kenmore: Most Thursdays 9:30am-12pm, 773-878-5507
- Cornerstone Free Store, 4628 N. Clifton Ave: Call ahead: 773-271-8163

#### HOTLINES
All hotlines are free and confidential:
- Suicide Prevention: 800-273-8255
- NAMI/Mental Health: 833-626-4244
- Domestic Violence: 800-799-7233
- Crisis Text Line: Text CONNECT to 741741
- LGBTQIA+ Helpline: 800-398-4297
- Elder Abuse: 800-252-8966
- Youth Crisis: 800-448-4663

### SOCIAL SERVICES STAFF MEMBERS
Jennie Hull, LCPC, Director of Programs - ext. 214
Colleen Montgomery, LCSW, Manager of Social Services - ext. 216
Eva Trampka, MSW, Home-Based Case Manager - ext. 224
Taneka Taylor, MSW, Social Worker - ext. 227
Drew Moran, LPC, Group Mental Health Counselor - ext. 243

### SOCIAL SERVICES INTERNS
Social Work Students: Hannah Davis, Layne Hardy, Julia Kelly, Liusmila Ortega - ext. 300
Mental Health Student: Edward Alderson - ext. 244
Nursing Students: Hannah Nicholson, Debi Rhyner
At Lakeview Pantry, we match you with the food you need and want. Our staff and volunteers work with you to personalize your food-gathering experience and make you feel at ease, so you can create full meals that are satisfying and delicious.

**FOOD PROGRAMS**

- Food distributed 6 days a week
- Across 5 different programs
- Monthly pickups offered once a month
- Weekly pickups (produce and bread) offered once a week

**PRIMARY ACCESS POINTS FOR FOOD PROGRAMS**

1. Visit Pantry locations during distribution hours
2. Order online through the Online Market
3. Contact Food Programs at 773-525-1777 or info@lakeviewpantry.org

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**DISTRIBUTION SITE**

**HOURS**

**SHERIDAN MARKET**
3945 N. Sheridan Rd.
Chicago, IL 60613

- **Monthly Food Distribution Hours:**
  - Mon, Wed, Fri: 12pm – 4pm
  - Tues & Thur: 5pm -7:30pm
  - Saturday: 11am – 3pm

- **Weekly Produce Pickup Hours:**
  - Mon, Wed, Fri: 2pm – 4pm
  - Tues & Thur: 5pm – 7:30 pm
  - Saturday: 1pm – 3pm

**LA CASA NORTE’S FRESH MARKET**
3533 W. North Avenue, First Floor
Chicago, IL 60657

- **Food Distribution Hours:**
  - Monday: 11am - 3pm

**THE ONLINE MARKET**
5151 N. Ravenswood Ave.
Chicago, IL 60640

- **Open Office Hours:**
  - Tues: 11am - 2pm

- **Pickup Hours:**
  - Thurs: 2pm - 7pm
  (Specific pickup windows are selected during the registration process. Monthly pickups only.)

**HOME DELIVERY**
5151 N. Ravenswood Ave.
Chicago, IL 60640

- **Hours:**
  - Saturdays from 11am

**HEALTH & HOPE PROGRAM**
Advocate Illinois Masonic Hospital

- Please contact Illinois Advocate Masonic Cancer Center at (773) 975-1600 to sign up for the Health and Hope Program.
- Must be a current oncology patient at Advocate.
## SOCIAL SERVICES PROGRAMS

### PUBLIC BENEFITS
- **Children/Families**
- **Financial**
- **Transportation**
- **Health**

### SERVICE TYPES

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Hours and Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>DROP-IN CASE MANAGEMENT</td>
<td>Mon, Wed, Fri: 12pm – 4pm Tues &amp; Thur: 5pm - 7:30pm</td>
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<tr>
<td>MENTAL WELLNESS PROGRAM</td>
<td>By appointment only</td>
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<tr>
<td>ONLINE MARKET SOCIAL SERVICES</td>
<td>Thursdays: 2pm - 5pm</td>
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<tr>
<td>HOME DELIVERY SOCIAL SERVICES</td>
<td>Appointments are scheduled as needed and in your home Only for current Home Delivery clients</td>
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<tr>
<td>CAREER EMPOWERMENT PROGRAM</td>
<td>Tuesdays: 1pm - 5pm, Thursdays: 1pm - 5pm, Fridays: 9am - 12pm</td>
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### PRIMARY ACCESS POINTS FOR SOCIAL SERVICES
1. Attend a drop-in session
2. Order online through the Online Market
3. Contact Social Services at 773-525-1777 or socialservices@lakeviewpantry.org
CRADLES TO CRAYONS PARTNERSHIP

Cradles to Crayons

We are a proud partner agency with Cradles to Crayons, which offers items to children through age 12 such as clothing, diapers, hygiene supplies, pajamas, outerwear, shoes, birthday presents, school supplies and backpacks at no cost to you.

If you are interested in requesting these items, please meet with Social Services during drop-in case management to submit an online request!

ARTS OF LIVING INSTITUTE

The Arts of Living Institute offers an early childhood home visiting program in cooperation with the Chicago DFSS.

For more than 45 years, Arts of Living Institute has empowered parents through: case management, home visits, developmental screenings, crisis intervention, plus educational groups on child development, infant health, and maternal health, monthly parent-child interactive groups on the weekends, referrals to needed resources.

For more information: (312) 655-7103 or email mursetta@catholiccharities.net.

PEDiatric CAR SEAT PROGRAM

Do you need a low-cost infant carrier, car seat for a toddler, or a booster seat for older children?

Check out the Pediatric Car Seat Program at:
Stroger Hospital
1969 W. Ogden Ave.
First Floor
Chicago, IL 60612
Phone: 312-864-2016
Hours: Mt, T, Th, F, Sat 1pm - 4pm
Languages Spoken: English & Spanish

Eligibility: Standard fees are $30 for infant carriers and $40 for convertible car seats (must be paid in cash)

How to Apply: Walk ins are welcome during program hours. Car seats and infant carriers are available in the Pediatrics Clinic by Entrance 1, next to the Information Desk. You may also call 312-864-2016 and leave a message. Your call will be returned as soon as possible during program hours.

If you are purchasing a car seat, you must watch a 20-minute instructional video and then demonstrate how to properly install the seat.

NEED SUPPLIES?

If you are in need of diapers, baby food, infant formula, or women’s hygiene supplies, please ask a staff member or volunteer when you check in for your monthly pickup.

Depending on availability, we might be able to offer you some items once a month during your pickup!
FREE EVENTS!

Christkindlmarket Chicago
When: November 15 - December 24
Sun - Thurs: 11am - 8pm, Fri - Sat: 11am - 9pm
Where: Daley Plaza, 50 W. Washington, Chicago, IL 60602
Chicago's largest open-air Christmas festival.

6th Annual Winter Walk on Wilson
When: Friday, December 6, 5 - 8pm
Where: Broadway & Wilson, Chicago, IL 60640
This event features sweet treats, warm drinks, and menu samples offered by local Uptown businesses as well as live holiday music along the Wilson commercial corridor from Clark to Sheridan. Please RSVP.

ZooLights - Lincoln Park Zoo
When: December 6 - January 5, 4:30 - 9pm
Where: 2001 N. Clark, Chicago, IL 60614
Celebrate 25 years of ZooLights at Lincoln Park Zoo. ZooLights features hundreds of luminous displays and incredible seasonal activities, all under the glow of 2.5 million lights.

Chanukah Pop Up Shop
When: Thursday, December 12, 5 - 8pm & Sunday, December 15, 12 - 5pm
Where: Chabad of Uptown, 1109 W. Lawrence Ave., Chicago, IL 60640
Get everything you need for your Chanukah shopping, including a free menorah kit! Free doughnuts for all shoppers. Special Kids' Hour on Sunday only, 2 - 3pm: Kids ages 3 to 7 will enjoy an interactive storytime and make a Holiday craft.

Christmas in Chicago Concert
When: Sunday, December 15, 6 - 8pm
Where: The Moody Church, 1635 N. LaSalle Dr., Chicago IL 60614
Celebrate the Christmas season with The Moody Church at their annual Christmas Concert! This event features classic carols and holiday favorites. Doors open at 5:15pm.

Festival of Lights - Lincoln Park
When: Sunday, December 22, 4 - 7pm
Where: 700 W. Fullerton Ave., Chicago IL 60614
Join Belmont Village Lincoln Park, Chabad Lincoln Park and Lincoln Commons for the first annual Festival of Lights. Enjoy an evening of latkes and dreidel at Belmont Village, then walk to Lincoln Commons’ outdoor plaza for the menorah lighting.

DIVVY4EVERYONE

DIVVY4Everyone is a program designed to help eligible, low-income individuals get a yearly Divvy Membership for only $5! For more info, call Divvy at 855-553-4889 or talk with Social Services!

You can apply in person at Center for Changing Lives at 1955 N. St. Louis Ave, #101 on Tuesdays and Thursdays from 10am – 5:30pm. Call Center for Changing Lives at 773-342-1751 to schedule an appointment.

CITYKEY CARD &
CHICAGO Rx CARD

The CityKey Card serves as a government-issued ID, Ventra card, and library card all in one while also offering various discounts around the city. Cards are $5 for minors, $10 for adults ages 18-64, and free to seniors ages 65+. You also have the option to register for the Prescription Coverage program, Chicago Rx, and add it to your CityKey Card. Learn more online at: www.chicityclerk.com/chicagocitykey/how-apply or visit the Social Services team for assistance.
ONLINE MARKET
Are you interested in streamlining your grocery pickups and saving time during your hectic day? Geared toward busy individuals and families, the Online Market offers the same healthy food and social services you're used to - custom ordered directly from your mobile phone or computer.

1. Orders can be placed on Tuesdays. Customize your cart and lock it in before the end of the day.
2. Pick up your order on Thursday of the same week at The Hub, 5151 N. Ravenswood.

Current clients: Email onlinemarket@lakeviewpantry.org to receive a password for your account.
New clients: Sign up at lakeviewpantry.org/onlinemarket!

SAFE Program
Love shouldn't hurt.
We are ready to work with you at whatever stage you are at in your relationship - judgment-free. Meet with our Social Services team to find the support you need.

Attend a Volunteer Orientation Session!
Training sessions are OPEN to everyone. There is no need to RSVP. Sessions last roughly one hour, and you only need to attend one in order to volunteer.

Sessions cover:
• Initial paperwork, including liability and confidentiality forms*
*All new volunteers under the age of 18 will need a parent or guardian present at the training session. A parent or guardian must accompany anyone under the age of 18 to the training session.
• Volunteer positions and responsibilities
• Community service policy and process for both school-assigned and court-ordered hours
• Lakeview Pantry policies regarding clients and volunteers
• Getting signed up for your first day!

December Volunteer Orientation Dates:
Sheridan Market
3945 N. Sheridan Rd.
Thursday, December 5: 11:30am - 12:30pm
Tuesday, December 17: 11am - 12pm
Wednesday, December 18: 6 - 7pm

The Hub
5151 N. Ravenswood Ave.
Saturday, December 7: 1 - 2pm
Wednesday, December 11: 6 - 7pm
Wednesday, December 18: 6 - 7pm

Alphabet Soup
When: Begins Tuesday, December 3, 4:30 - 5:30pm.
Sessions continue weekly for 10 weeks.
Where: Sheridan Market, 3945 N. Sheridan Rd.
A free, supportive space for LGBTQ+ people age 24+. Learn ways to manage the unique challenges we face and connect with others in the LGBTQ+ community. To learn more, email drew@lakeviewpantry.org or call (773) 525-1777 ext. 243.