

MARCH 2020



CLIENT CONNECTION

Updates for Lakeview Pantry Clients



IMPORTANT DATES

Healthy Bites

When: Tuesday, March 10:
5 - 7:30pm

Where: Sheridan Market
3945 N. Sheridan Rd.

Chef Raz will be at the Pantry to cook a nutritious dish for our clients to enjoy while waiting to pick up their food! Recipes will be available for clients to take home.

Free Tax Help

The City of Chicago offers free assistance filing Federal and Illinois tax returns. Also find out if you qualify for the Earned Income Tax Credit (EITC), Child Tax Credit (CTC), and other tax credits! Families earning up to \$56,000 annually and individuals earning up to \$30,000 annually may be eligible. Call (312) 588-6900 to schedule an appointment. See attached flyer for more details!

What Language Do You Speak?

If you or someone you know speaks a language other than English, please let us know and we will provide translation services!

Si usted o alguien que conoce habla un idioma que no sea inglés, háganoslo saber y le proporcionaremos servicios de traducción.

Если вы или кто-либо из ваших знакомых говорит на другом языке, кроме английского, сообщите нам об этом, и мы предоставим переводческие услуги

Jeśli ty lub ktoś, kogo znasz, mówi w języku innym niż angielski, daj nam znać, a my zapewnimy usługi tłumaczeniowe

LAKEVIEW PANTRY CONTACT INFORMATION

General Information: (773) 525-1777

Food Programs: info@lakeviewpantry.org

Social Services: socialservices@lakeviewpantry.org

Mental Wellness: mentalhealth@lakeviewpantry.org

LOCAL RESOURCES

If you need assistance with accessing any of these resources, please come see us during Drop-In Case Management or when picking up your Online Market order at The Hub (5151 N. Ravenswood).

FOOD



- Contact the Greater Chicago Food Depository for food resources: 773-247-3663 or visit chicagosfoodbank.org/find-food/
- Ask our receptionist for a list of free local weekly meals

SHELTER



If you need immediate shelter, you can get a referral for a bed any way below:

- Go to your nearest police station (850 W. Addison, Addison & Halsted)
- Go to your nearest hospital Emergency Room (Thorek Hospital, Sheridan & Irving Park Rd)
- Go to your nearest DHS Office (845 W. Wilson, Wilson & Clarendon)

HEALTH



Accepts Medicaid/no insurance; sliding scale fees may apply:

- Howard Brown Health Center (4025 N. Sheridan Rd: 773-388-1600)
- Heartland Health Center (845 W. Wilson Ave: 773-506-4283)



CLOTHING



Free clothing resources:

- St. Thomas of Canterbury, 4827 N. Kenmore: Most Thursdays 9:30am-12pm, 773-878-5507
- Cornerstone Free Store, 4628 N. Clifton Ave: Call ahead: 773-271-8163

HOTLINES



All hotlines are free and confidential:

Suicide Prevention:	800-273-8255
NAMI/Mental Health:	833-626-4244
Domestic Violence:	800-799-7233
Crisis Text Line:	Text CONNECT to 741741
LGBTQIA+ Helpline:	800-398-4297
Elder Abuse:	800-252-8966
Youth Crisis:	800-448-4663

SOCIAL SERVICES STAFF MEMBERS

Jennie Hull, LCPC, Director of Programs - ext. 214
Colleen Montgomery, LCSW, Manager of Social Services - ext. 216
Eva Trampka, MSW, Home-Based Case Manager - ext. 224
Taneka Taylor, MSW, Social Worker - ext. 227
Drew Moran, LPC, Group Mental Health Counselor - ext. 243

SOCIAL SERVICES INTERNS

Social Work Students: Hannah Davis, Layne Hardy, Julia Kelly, Liusmila Ortega - ext. 300
Mental Health Student: Edward Alderson - ext. 244
Nursing Students: Hannah Nicholson, Debi Rhyner

FOOD PROGRAMS

- Food distributed 6 days a week
- Across 5 different programs
- Monthly pickups offered once a month
- Weekly pickups (produce and bread) offered once a week

At Lakeview Pantry, we match you with the food you need and want. Our staff and volunteers work with you to personalize your food-gathering experience and make you feel at ease, so you can create full meals that are satisfying and delicious.



DISTRIBUTION SITE

HOURS

SHERIDAN MARKET

3945 N. Sheridan Rd.
Chicago, IL 60613

Monthly Food Distribution Hours:

Mon, Wed, Fri: 12pm – 4pm
Tues & Thur: 5pm -7:30pm
Saturday: 11am – 3pm

Weekly Produce Pickup Hours:

Mon, Wed, Fri: 2pm – 4pm
Tues & Thur: 5pm – 7:30 pm
Saturday: 1pm – 3pm

LA CASA NORTE'S FRESH MARKET

3533 W. North Avenue, First Floor
Chicago, IL 60657

Fresh Market Hours:

Mon & Wed: 11am - 3pm

Community Café Hot Meal Program Hours:

Mon & Wed: 5:30pm - 6:30pm

THE ONLINE MARKET

5151 N. Ravenswood Ave.
Chicago, IL 60640

Office Hours:

By appointment only

Pickup Hours:

Thurs: 2pm - 7pm
(Specific pickup windows are selected during the registration process. Monthly pickups only.)

HOME DELIVERY

5151 N. Ravenswood Ave.
Chicago, IL 60640

Hours:

Saturdays from 11am

HEALTH & HOPE PROGRAM

Advocate Illinois Masonic Hospital

Please contact Illinois Advocate Masonic Cancer Center at (773) 975-1600 to sign up for the Health and Hope Program. Must be a current oncology patient at Advocate.

PRIMARY ACCESS POINTS FOR FOOD PROGRAMS

1. Visit Pantry locations during distribution hours
2. Order online through the Online Market
3. Contact Food Programs at 773-525-1777 or info@lakeviewpantry.org

SOCIAL SERVICES PROGRAMS

Public Benefits



Financial



Transportation



Health



Children/Families



Employment



Housing



SAFE Program



SERVICE TYPES

HOURS AND INFORMATION

DROP-IN CASE MANAGEMENT

3945 N. Sheridan Rd.
Chicago, IL 60613

Hours:

Mon, Wed, Fri: 12pm – 4pm
Tues & Thur: 5pm -7:30pm

- No appointment required
- First come, first served

MENTAL WELLNESS PROGRAM

3945 N. Sheridan Rd.
Chicago, IL 60613

Hours:

By appointment only

- Individual, Couples, & Group Counseling
- Ages 18 and up only
- Free services - no fees and no billing to insurance
- Eligibility screened by required intake process
- Openings currently available

ONLINE MARKET SOCIAL SERVICES

5151 N. Ravenswood Ave.
Chicago, IL 60640

Appointments On:

Thursdays: 2pm - 5pm

- Request social services when you submit your cart online on Tuesdays
- Social Worker will reach out to you via phone/email to schedule appointment during Thursday pickup

HOME DELIVERY SOCIAL SERVICES

- Appointments are scheduled as needed and in your home
- Only for current Home Delivery clients

CAREER EMPOWERMENT PROGRAM

3945 N. Sheridan Rd.
Chicago, IL 60613

Appointments On:

Tuesdays: 1pm - 5pm,
Thursdays: 1pm - 5pm,
Fridays: 9am - 12pm

Now offering 1-on-1 appointments dedicated to career services: Discover your strengths, search current job openings, write your resume, engage in mock interviews, and more

PRIMARY ACCESS POINTS FOR SOCIAL SERVICES

1. Attend a drop-in session
2. Order online through the Online Market
3. Contact Social Services at 773-525-1777 or socialservices@lakeviewpantry.org

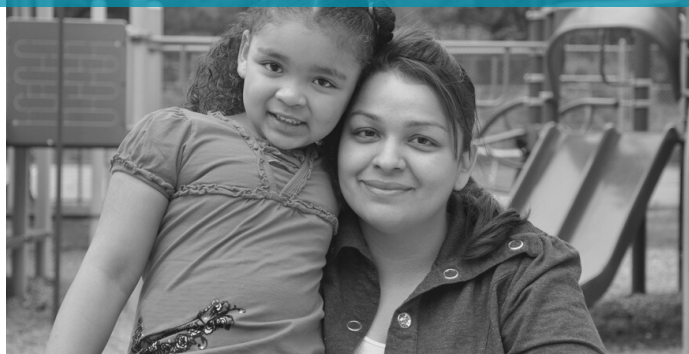
FAMILIES WITH INFANTS & CHILDREN

CRADLES TO CRAYONS PARTNERSHIP

Cradles toCrayons

We are a proud partner agency with **Cradles to Crayons**, which offers items to children through age 12 such as clothing, diapers, hygiene supplies, pajamas, outerwear and shoes at no cost to you.

If you are interested in requesting these items, please meet with Social Services during drop-in case management to submit an online request!



PEDIATRIC CAR SEAT PROGRAM

Do you need a low-cost infant carrier, car seat for a toddler, or a booster seat for older children?

Check out the **Pediatric Car Seat Program** at:

Stroger Hospital
1969 W. Ogden Ave.
First Floor
Chicago, IL 60612
Phone: 312-864-2016
Hours: Mt, T, Th, F, Sat 1pm - 4pm

Languages Spoken: English & Spanish

Eligibility: Standard fees are \$30 for infant carriers and \$40 for convertible car seats (must be paid in cash)

How to Apply: Walk ins are welcome during program hours. Car seats and infant carriers are available in the Pediatrics Clinic by Entrance 1, next to the Information Desk. You may also call 312-864-2016 and leave a message. Your call will be returned as soon as possible during program hours.

If you are purchasing a car seat, you must watch a 20-minute instructional video and then demonstrate how to properly install the seat.

NEED SUPPLIES?

If you are in need of **diapers, baby food, infant formula, or women's hygiene supplies**, please ask a staff member or volunteer when you check in for your monthly pickup.

Depending on availability, we might be able to offer you some items once a month during your pickup!

ARTS OF LIVING INSTITUTE



Are you pregnant or parenting a child age three or younger?

The **Arts of Living Institute** offers an early childhood home visiting program in cooperation with the Chicago DFSS.

For more than 45 years, Arts of Living Institute has empowered parents through: case management, home visits, developmental screenings, & crisis intervention, plus educational groups on child development, infant health, and maternal health, monthly parent-child interactive groups on the weekends, referrals to needed resources.

For more information: (312) 655-7103 or email mursetta@catholiccharities.net.



CHICAGO NEWS

FREE EVENTS!

Stroller Grooves

When: Tuesday, March 3 - Tuesday, March 31 (Tuesdays only), 12 - 12:45 pm

Where: Crystal Gardens, 700 E Grand Ave, Chicago, IL 60611

Join Stroller Grooves for a free children's music series.

Programming changes daily; see

www.navypier.org/explore/programming-events/stroller-grooves for details.

St. Patrick's Day Parade

When: Saturday, March 14, begins at 12pm

Where: Columbus Dr. from Balbo St. to Monroe St., Chicago, IL 60605

Celebrate St. Patrick's Day with one of Chicago's most iconic events, including dyeing the Chicago River green! Plan to arrive early to grab a front-row seat.

Global Connections: Holi

When: Saturday, March 14, 12:45 - 5pm

Where: Aon Grand Ballroom, 840 E Grand Ave, Chicago, IL 60611

Come celebrate Holi, a Hindu spring festival celebrated in India and Nepal, also known as the "festival of colors" or the "festival of love." Color throwing will take place in the East End Plaza from 1 - 4 pm.

Macy's Flower Show

When: Sunday, March 22 - Sunday, April 5

Where: 111 N State St, Chicago, IL 60602

Macy's Flower Show features flowers and exotic topiaries in landscapes, plus scheduled events at Macy's on State Street. At this year's display, "Voyage to Oceanum", visitors will embark upon an exciting under-the-ocean odyssey, discovering long-lost treasures and breathtaking aquatic beauty along the way.



DIVVY4EVERYONE



DIVVY4Everyone is a program designed to help eligible, low-income individuals get a yearly Divvy Membership for only \$5! For more info, call Divvy at 855-553-4889 or talk with Social Services!

You can apply in person at Center for Changing Lives at 1955 N. St. Louis Ave, #101 on Tuesdays and Thursdays from 10am - 5:30pm. Call Center for Changing Lives at 773-342-1751 to schedule an appointment.

CITYKEY CARD & CHICAGO Rx CARD



The CityKey Card serves as a government-issued ID, Ventra card, and library card all in one while also offering various discounts around the city. Cards are \$5 for minors, \$10 for adults ages 18-64, and free to seniors ages 65+. You also have the option to register for the Prescription Coverage program, Chicago Rx, and add it to your CityKey Card. Learn more online at: www.chicityclerk.com/chicagocitykey/how-apply or visit the Social Services team for assistance.

ONLINE MARKET

Are you interested in streamlining your grocery pickups and saving time during your hectic day?

Geared toward busy individuals and families, the Online Market offers the same healthy food and social services you're used to - custom ordered directly from your mobile phone or computer.

1. Orders can be placed on **Tuesdays**. Customize your cart and lock it in before the end of the day.
2. Pick up your order on **Thursday** of the same week at The Hub, 5151 N. Ravenswood.

Current clients: Email onlinemarket@lakeviewpantry.org to receive a password for your account.

New clients: Sign up at lakeviewpantry.org/onlinemarket!



ATTEND A VOLUNTEER ORIENTATION SESSION!

Training sessions are OPEN to everyone. There is no need to RSVP. Sessions last roughly one hour, and you only need to attend one in order to volunteer.

Sessions cover:

- Initial paperwork, including liability and confidentiality forms*
**All new volunteers under the age of 18 will need a parent or guardian present at the training session. A parent or guardian must accompany anyone under the age of 18 to the training session.*
- Volunteer positions and responsibilities
- Community service policy and process for both school-assigned and court-ordered hours
- Lakeview Pantry policies regarding clients and volunteers
- Getting signed up for your first day!

March Volunteer Orientation Dates:

Sheridan Market
3945 N. Sheridan Rd.

Wednesday, March 4: 6 - 7pm
Monday, March 9: 11am - 12pm
Monday, March 23: 11am - 12pm

The Hub
5151 N. Ravenswood Ave.

Saturday, March 7: 1 - 2pm
Thursday, March 12: 11am - 12pm
Wednesday, March 18: 6 - 7pm
Thursday, March 26: 11am - 12pm

SAFE PROGRAM

Love shouldn't hurt.

We are ready to work with you at whatever stage you are at in your relationship - judgment-free. Meet with our Social Services team to find the support you need.



NEW SNAP ABAWD POLICY

The federal **Able Bodied Adults Without Dependents (ABAWD) Time Limit Rule** places a limit on how long certain individuals are eligible to receive SNAP benefits. SNAP recipients considered “ABAWDs” may only receive SNAP benefits for a total of three full months within the 3-year period that started on January 1, 2018 and will reset on December 31, 2020.

Who's at risk? SNAP recipients who are 18-49 years old, are mentally and physically able to work, do not have children under 18 in their SNAP household, or are working less than 80 hours/month. **To see if you qualify for an exemption, please meet with one of our social workers.**

Sources:

Illinois Department of Human Services Policy Manual (www.dhs.state.il.us/page.aspx?item=98819)

USDA's ABAWD Webpage

(www.fns.usda.gov/snap/ABAWD)

Work Requirements

Individuals who do not meet any of the exemptions can remain eligible for SNAP benefits past three months if they participate in a qualifying work activity and document the number of hours worked each month with their Family Community Resource Center (FCRC).

Qualifying work activities include: working, volunteering, or participating in a work training program for at least 80 hours/month.

Good news! You can volunteer at Lakeview Pantry for some or all of your hours! Shifts available at any of our three locations, Monday through Saturday, daytime or evening hours. To get started, register online and attend a Volunteer Orientation at any of the scheduled times/locations listed at lakeviewpantry.org/volunteer. For questions, contact the Volunteer Department at (773) 525-1777 or volunteers@lakeviewpantry.org.



DIVERSITY CORNER

Women's History Month (March 1 - 31)

Did you know? Women's History Month dates back to March 8, 1857, though it wasn't nationally recognized until 1986! Now, the holiday is celebrated every year to commemorate women's contributions to America and the world, and continue to advance gender equality. This year's International Women's Day hashtag is #EachForEqual.

Developmental Disabilities Awareness Month (March 1 - 31)

Did you know? Developmental Disabilities Awareness Month began in 1987 under President Reagan, as a way to raise awareness and promote inclusion of people with developmental disabilities in all areas of community life. This year's hashtag is #DDAwareness2020.

St. Patrick's Day (March 17)

Did you know? St. Patrick was actually British, not Irish, but he was captured by Irish pirates and brought to Ireland when he was sixteen. Legend says that each leaf of the four-leaf clover has a meaning: Hope, Faith, Love, and Luck. Chicago has been dyeing the river green ever since 1962!

International Transgender Day of Visibility (March 31)

Did you know? International Transgender Day of Visibility was established in 2009 to celebrate transgender people worldwide and raise awareness of the discrimination they face.



2020 CLOSURES AT LAKEVIEW PANTRY

ALL programs will be closed unless otherwise indicated.



New Year's Day, Wednesday, Jan. 1

Presidents' Day, Monday, Feb. 17 (**NEW!**)

Memorial Day, Saturday, May 23 (**Home Delivery will still occur**) **AND** Monday, May 25

Fourth of July, Friday, July 3 **AND** Saturday, July 4

Labor Day, Saturday, Sept. 5 **AND** Monday, Sept. 7

Thanksgiving, Thursday, Nov. 26, Friday, Nov. 27

AND Saturday, Nov. 28

Christmas Eve, Thursday, Dec. 24

Christmas Day, Friday, Dec. 25

New Year's Eve, Thursday, Dec. 31

2020 Free Tax Assistance

The tax filing deadline is Wednesday, April 15, 2020

Unless noted as an appointment-only site, tax preparation is offered on a first-come, first-served basis. Sites will close when they reach capacity, which may be much earlier than the publicized closing time, so please arrive early.

To make an appointment at an appointment-only sites (noted below with a *), please call (312) 588-6900 or visit www.goladderup.org/ locations. If you need to amend your return, you must make an appointment for March. Priority will be given to current-year returns during February-April.

LOOP

Loop: Harold Washington Library | 400 S State, 7th floor
Mon–Thurs 11 AM–7 PM (Feb 3–Apr 15)
Fri & Sat 10 AM–1 PM (Feb 1–Apr 11)
Closed Feb 12, Feb 17, Mar 2
Also open Jan 28–30 11 AM–5 PM

NORTH

Uptown: Truman College | 1145 W Wilson, Cafeteria
Mon–Thurs 1 PM–7 PM (Jan 30–Apr 15)
Sat 9 AM–12 PM (Feb 1–Apr 4)
Closed Feb 17, Apr 9, Apr 11

NORTHWEST

Humboldt Park: Chicago Public Library – Richard M Daley | 733 N Kedzie
Sat 10 AM–1 PM (Feb 1–Apr 11)

***Logan Square: WIC Food Center | 3110 W Armitage**
Sat 9 AM–12 PM (Feb 1–Apr 11)
*Appointment-only site

Hermosa: WIC Food Center | 4620 W Diversey
Mon & Wed 1 PM–7 PM (Feb 3–Apr 15)
Sat 9 AM–12 PM (Feb 1–Apr 11)
Closed Feb 17

Dunning: Wilbur Wright College | 4300 N Narragansett
Fri 10 AM–4 PM (Feb 7–Apr 3)
Sat 9 AM–12 PM (Feb 1–Apr 4)
Closed Apr 10, Apr 11

WEST

Austin: Chicago Public Library – Austin | 5615 W Race
Sat 10 AM–1 PM (Feb 1–Apr 11)

North Lawndale: UCAN | 3605 W Fillmore
Mon 4 PM–7 PM (Feb 3–Apr 13)
Sat 9 AM–2 PM (Feb 1–Apr 11)

SOUTH

Auburn Gresham: Chicago Public Library – Thurgood Marshall | 7506 S Racine
Thurs 11 AM–4 PM (Feb 6–Apr 9)
Sat 10 AM–1 PM (Feb 1–Apr 11)
Closed Mar 5, Mar 7, Mar 12, Mar 14
Also open Jan 25

Bronzeville: Chicago Public Library – Chicago Bee | 3647 S State
Tues 11 AM–4 PM (Feb 4–Apr 7)
Sat 10 AM–1 PM (Feb 1–Apr 11)
Closed Apr 14

Englewood: Kennedy-King College | 6343 S Halsted (Building W), Room W254
Wed 10 AM–4 PM (Feb 5–Apr 8)
Sat 9 AM–12 PM (Feb 1–Apr 11)
Closed Apr 15

Pullman: Olive-Harvey College | 10001 S Woodlawn
Fri 10 AM–4 PM (Feb 7–Apr 3)
Sat 9 AM–12 PM (Feb 1–Apr 4)
Closed Apr 10, Apr 11

SOUTHWEST

Pilsen: Benito Juarez Community Academy | 1450 W Cermak
Sat 9 AM–12 PM (Feb 1–Apr 4)
Closed Apr 11
Also open Jan 25

Brighton Park: Greater Chicago Food Depository | 4100 W Ann Lurie
Tues 1 PM–7 PM (Feb 4–Apr 14)
Sat 9 AM–12 PM (Feb 1–Apr 11)
Also open Jan 25

***Little Village: WIC Food Center | 2400 S Kedzie**
Sat 9 AM–12 PM (Feb 1–Apr 11)
*Appointment-only site

FREE TAX HELP

* * * *

Keep your cash. You earned it!

The City of Chicago offers free, confidential tax help at locations across Chicago from late January through mid-April in partnership with Ladder Up. Trained volunteer tax preparers can assist you in completing and electronically filing Federal and Illinois tax returns for tax year 2019 and, in some cases, for prior years. Also find out if you qualify for the Earned Income Tax Credit (EITC), Child Tax Credit (CTC), and other tax credits!

Who is eligible for free tax help?

- Families earning up to \$56,000 annually
- Individuals earning up to \$30,000 annually
- Taxpayers who need to file amendments (Form 1040X and/or Form IL-1040-X) must call (312) 588-6900 to make an appointment during March or during a special summer session. Priority will be given to current-year returns during the regular tax season (February–April).

Who is not eligible for free tax help? Those taxpayers who:

- Have income from rental property
- Filed for bankruptcy in the year they wish to file
- Received Form 1099-A (Acquisition or Abandonment of Secured Property)
- There are also other, less common situations that are out of scope. If you are unsure whether or not Ladder Up can prepare your return, please leave a message at (312) 409-1555 with details of your tax situation or check Ladder Up's website: www.goladderup.org/TAP

What to bring to a tax site

PERSONAL INFORMATION

- ✓ **Original Social Security card** or Individual Taxpayer Identification Number (ITIN) for yourself, your spouse, and ALL other individuals listed on your tax return
- ✓ A valid form of **photo ID** (for you and your spouse if you are filing a joint return)
- ✓ **Bank routing and account numbers** for your savings account, checking account, and/or prepaid card
- ✓ Verification of **health insurance** if purchased through the Marketplace (Form 1095-A)
- ✓ Copy of previous year's tax return, if available
- ✓ **If Married Filing Jointly, BOTH spouses must be present** to have the return prepared

YEAR-END INCOME STATEMENTS

- ✓ **W-2** for each job
- ✓ **1099-MISC or 1099-K** for Self-Employment income, such as ride-share driving with Uber/Lyft
- ✓ **1099 Forms** for retirement, Social Security, unemployment, interest, dividends, stock sales, and miscellaneous income

EXPENSES AND CREDITS

- ✓ Record of **educational expenses** you paid for children in grades K-12
- ✓ **Tuition expenses paid** for you or your child to attend college or university (Form 1098-T or similar document)
- ✓ **Student loan interest** paid (Form 1098-E)
- ✓ **Childcare expenses:** Provider name, address, and tax ID or Social Security number
- ✓ **Homeowners:** Mortgage interest (Form 1098) and real estate taxes paid
- ✓ Job-related expenses (if you are self-employed)

For more information, visit www.taxprepchicago.org or www.goladderup.org/TAP.
You can call 3-1-1 to find the nearest tax site and (312) 409-1555 to leave a message for Ladder Up.

