



# Youth Volunteer Opportunities

1. Register with us at [www.nourishinghopechi.org/volunteer](http://www.nourishinghopechi.org/volunteer).
2. A parent or guardian must register as the primary household contact in order to register youth (17 years and younger). You can add youth or other household members on the next page.
3. After you register, you will receive an email with your personal volunteer site link, orientation and information on how to sign up for your first shift!

## 16-17 Years Old

Minors age 16 & 17 are eligible to volunteer for all shifts without a parent or guardian. Anyone 16 or older can sign up for shifts on their own personal site after completing the steps above.

## 13-15 Years Old

Minors age 13-15 are able to volunteer at any shift, but **MUST** be accompanied by an adult.

## 9-12 Years Old

Minors age 9-12 can attend the following shifts, but **MUST** be accompanied by an adult.

- Online Market Packing
- Home Delivery Prep & Packing
- Saturday Hub Restock & Glean

## 8 Years & Younger

Due to the nature of the work involved and in the interest of safety during COVID-19, many of our shifts are not appropriate for younger children.

## How to add youth 15 and younger to a shift:

Youth sign up for volunteer shifts the same way as adults. Youth 9-13 years old must have a parent or guardian on the volunteer shift with them. Once a youth adds themselves to a shift, our team approves the shift and confirms that an adult parent or guardian volunteer is on the shift with them. If you have any questions, please reach out to [volunteers@nourishinghopechi.org](mailto:volunteers@nourishinghopechi.org).

